



# Bulimia nervosa

When you have a problem, I make you eat large amounts of food.

Sometimes you lose control of yourself while eating.

Then you feel guilty and ashamed, thus, you will try to vomite, take laxatives or do sever exercises. As a result, you may have stomach ulcers, dental problems, many digestive problems, and menopause. I will also make you disgust your body to the extent that it causes you depression. This happens to you once a week every three months or more, and teenagers are often affected, especially women more than men.

These are all my symptoms, I'm the bulimia nervosa.



Experiencing feeling of guilt, shame, or anxiety after eating.



Eating a significant amount of food in a limited time (binging)



Preoccupation with body weight or shape.



Purging food from the body after eating.



Use of diet pills or diuretics to control weight.



Excessive exercise to prevent weight gain.